PRE-VISIT ACTIVITY – Ritual and Revolution

Daily rituals are actions that we complete each day in a particular way. Since we do them everyday, they become an important part of our daily routine. For example, after school you may have a snack, sing in the shower, or have a glass of milk before bed.

**DIRECTIONS:** In the space below, draw 3 to 5 rituals that you do every day. Think about why you do those activities and how you might feel if you could not do them every day. Share with your classmates; does everyone have the same daily rituals?