PRE-VISIT ACTIVITY – Nursery Rhymes

A very long time ago in England the everyday meal was made up of a very thick porridge of dried peas and vegetables. It would be placed in a large kettle that would be hung over a fire to cook. When the fire died down at night, the morning porridge would be quite cold. Each day the fire was relit and more peas and vegetables were added to the kettle. Some of the ingredients could even have been nine days old!

DIRECTIONS: Check out this Old English rhyme and notice the repeating sounds. Read the rhyme out loud. Circle each word ending in –OT and put a box around each word that ends in –OLD. Next, use a different color to underline each repeating phrase.

PEASE PORRIDGE

Pease porridge hot
Pease porridge cold,
Pease porridge in the pot,
Nine days old.
Some like it hot,
Some like it cold,
Pease porridge in the pot,
Nine days old.